

**Better Than Before: Mastering The Habits Of Our
Everyday Lives By Gretchen Rubin**

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Today I'm pumped to kick off July's Summer Series theme of Book Club Month with none other than bestselling author, Gretchen Rubin. Many of you may know her

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Mar 14, 2015 Gretchen Rubin about her new book, Better Than Before. Mastering The Habits Of Our Everyday Lives." Everyday Lives." It is written by Gretchen

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