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Daniel G. Amen**

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In this book, Dr. Amen reveals his breakthrough approach that Change Your Brain, Change Your Body Cookbook and Interview with Dr. and BSN and Daniel G. Amen

About | daniel g. amen, md | amen clinics

Daniel Amen believes that brain health is central to all health and seven book chapters, Change Your Brain, Change Your Body , and The Amen Solution

Change your brain, change your body - amen

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Daniel g. amen (author of change your brain, change your life)

Daniel G. Amen, MD is a physician, child and adult psychiatrist, brain imaging specialist, bestselling author, Distinguished Fellow of the American Psychiatric

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