

**Delivered From Distraction: Getting The Most Out Of
Life With Attention Deficit Disorder By Edward M.
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Delivered from distraction dr hallowell adhd

In this presentation, Dr. Hallowell will focus on the material that is presented in Delivered From Distraction, his book on ADD that was published in January 2005.

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I chose to review this book to get a better feel for the parents of the children I was seeing. I liked their first book *Driven to Distraction* because of the emphasis

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Author: Edward M. Hallowell, John J. Ratey, Title: Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder (Paperback), Publisher

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