

Pilates Anatomie By Karen Clippinger Rael Isacowitz

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Karen clippinger: pilates, dance and fitness

This program was created to help shape the next generation of leaders in the Pilates community. In Karen Clippinger Pilates Anatomy, written by Rael Isacowitz

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Karen Clippinger is a professor at California State University at Long Beach, where she teaches functional anatomy for dance, body placement, Pilates,

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Karen Clippinger and Rael Karen Clippinger with her Pilates based classes at CSULB through Fall semester of 2014. While currently teaching Kids Pilates in

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