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Sour millet a recipe from the everyday

Serves 4, Adapted from The Everyday Fermentation Handbook by Branden Byers. What I love about this recipe is that it showcases a technique that can be used for a lot

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The Everyday Fermentation Handbook is a very accessible introduction to fermentation, with clear, detailed, and straightforward instructions to get you started

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Branden Byers, author of The Everyday Fermentation Handbook, shares a broad overview of foods you can ferment at home including sauerkraut, kimchi, yogurt, kefir

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