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If you want to read about beer, Bob Skilnik is your man. The Chicago-area writer, author of such books as *The Low-Carb Bartender*, *The Drink Beer*,

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Ebook: *The Low-Carb Bartender : Carb Counts for Beer, Wine, Mixed Drinks, and More* Author: Bob Skilnik Date of placement: 17.07.2012 Size: 7.99 MB

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Bob's Red Mill Low Carb Bread Mix is wonderful option for those who need to watch their carbohydrate consumption for their health, yet still crave a slice of bread.

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Bob Skilnik is the author of *The History of Beer and Brewing in Chicago, 1833-1978* (3.40 avg rating, 5 ratings, 0 reviews, published 1999),

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Liberwriter - the low carb bartender -

Bob Skilnik is a freelance writer. He is a regular contributor for good eating programmes across the USA and also features in a monthly radio programme.

Archive: new book gives carbohydrate counts of

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Bob skilnik - illinois authors

Bob Skilnik is a freelance writer and expert on the subjects of beer, *The Low Carb Bartender: Carb Counts For Beer, Wine, Mixed Drinks, And More*,

The low carb bartender beer (& more) in food

Posts about *The Low Carb Bartender* written by Bob Skilnik. *Beer (& More) In Food* *Beer: The Condiment With An Attitude!* Home; About Bob;

Re: bartender recipe

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1 cup Bob's low carb baking mix 1 tablespoon macadamia nut oil (or your choice) 1 extra large egg 1/2 cup water 5 drops of EZ-Sweetz liquid sucralose

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